

Leytonstone

COMMUNITY SPORTS CENTRE

REVISED SESSION TIMES						
ACTIVITY	NO. OF PERSONS PER SESSION	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5
GYM	4 PERSONS PER SESSION	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY
		5.00-5.45 pm	6.00-6.45 pm	7.00-7.45 pm	8.00- 8.45 pm	
		SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY
		9.00-9.45 am	10.00-10.45 am	11.00-11.45 am	12.00-12.45 pm	1.00-1.45 pm
SPORTS HALL	4 ACTIVITIES BADMINTON AND TABLE TENNIS MAX 16 PERSONS IE. 4 X 4	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY
		6.15-7.10 pm	7.15-8.10 pm	8.15-9.10 pm		
		SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY
		9.15-10.10 am	10.15-11.10 am	11.15 am - 12.10 pm	12.15-1.10 pm	1.15-2.10 pm
MUGA SPORTS HALL	MAX 16 (8 PER TEAM)	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY	MONDAY-FRIDAY
		6.30-7.25 pm	7.30-8.25 pm	8.30-9.25 pm		
		SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY	SATURDAY-SUNDAY
		9.30-10.25 am	10.30-11.25 am	12.30-1.25 pm	1.30-2.25 pm	

ALL SESSIONS MUST BE BOOKED IN ADVANCE – TELEPHONE 0208 988 7474
4.30 pm TO 9.30 pm Monday to Friday or 8.30 am to 2.30 pm Saturday and Sunday
 Thank you for your understanding and patience with adjusted sessions and times.

Lloyd Scott – Sports Centre Manager

August 2020