

Activity Guidelines

Badminton

Both singles play and doubles play can now take place in groups of people from different households, as long as you remain 2 meters apart as far as possible – meaning that four people from different households can play doubles.

You can play singles and doubles using all areas of the court, within the respective court markings – if social distancing between adjacent courts cannot be maintained, you should only use the singles court markings.

Other than where players are from the same household or part of a support bubble, follow Government advice on staying alert and safe, and:

Playing badminton

Stay at least two meters away from other players (including during play) as far as possible, when taking breaks and before and after play

Do not make physical contact with other players (such as shaking hands or high fiving)

Avoid chasing the shuttle down towards another court if other players are using it

For doubles, consider agreeing in advance which player will take the shot if a shuttle travels to the centre of the court

Table Tennis

The guidance from Table Tennis England also permits more:

- Individuals to train in bubbles of 2-6 people across 2-3 tables, with no more than two people on each table at any time. It is important that a record of the players in each bubble are kept to help inform any track and trace procedures.
- Players in a bubble of six can play with any other player in that bubble, but not from players outside of their bubble in that session
- There can be multiple bubbles in a hall at any one time if you have 3 or more tables and players are able to safely social distance
- A coach needs to form part of a bubble; therefore, five players and one coach would make a bubble of six.

Thank you for your continued patience and support. We look forward to welcoming you back.

Lloyd Scott – Sports Centre Manager